

October 2023 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 English Muffin, Egg Patty, Fruit	3 Mini Cinni Bun, Fruit	4 Biscuit, Sausage, Fruit	5 French Toast Sticks, Fruit, Syrup	6 Bagel, Fruit, Yogurt
Rib Sandwich, Fruit, Chips, Vegetable	Crispito, Rice, Fruit, Yogurt, Vegetable	Corn Dog, Vegetable, Fruit, Fries	Soft Taco, Fruit, Vegetable, Cheese	Pizza, Fruit, Vegetable
9 NO SCHOOL	10 Pancake On A Stick, Fruit	11 Breakfast Pizza, Fruit	12 Waffle, Fruit, Syrup	13 English Muffin, Sausage, Fruit
TEACHER INSERVICE	DBL Dog, Vegetable, Fruit, Fries	Chicken Nuggets, Fruit, Rice, Vegetable	Burrito, Fruit, Vegetable	Hamburger, Fruit, Vegetable, Pickles, Fries
16 Breakfast Bar, Fruit, Toast, Jelly	17 Donut, Fruit, Yogurt	18 Breakfast Pizza, Fruit	19 Pancakes, Fruit, Syrup, Yogurt	20 English Muffin, Egg Patty, Fruit
Chicken Sandwich, Fruit, Fries, Vegetable	Taco Boat ,Fruit, Vegetable, Cheese	Turkey&Cheese Sandwich, Fruit, Chips, Vegetable	Mini Corn Dogs, Vegetable, Fruit, Fries	Pizza, Fruit, Vegetable
23 French Toast Sticks, Fruit, Syrup	24 English Muffin, Sausage, Fruit	25 Mini Cinni Bun, Fruit	26 Pancake On A Stick, Fruit	27 Bagel, Fruit, Yogurt
Grilled Cheese Sandwich, Fruit, Chips, Vegetable	Chicken Strips, Fruit, Rice, Vegetable	Turkey, Fruit, Roll, Vegetable, Mashed Potatoes&Gravy	Chicken Soft Taco, Fruit, Vegetable, Cheese	Hamburger, Fruit, Vegetable, Pickles, Fries
30 Waffle, Fruit, Syrup ----- Crispito, Rice, Fruit, Yogurt, Vegetable	31 Biscuit, Sausage, Fruit ----- Rib Sandwich, Fruit, Chips, Vegetable	-----	BREAKFAST- FREE ----- LUNCH- FREE	Milk and Juice Served Daily with Breakfast ----- Milk Served Daily with Lunch

MENU SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER